

Have You Ever Questions for Adult Groups

Read a prompt, answer yes or no, and share a detail only if you want to.

Host guide / Letter / Friends & adult social / 15–25 minutes

Read the guide privately first if this activity has hidden answers. Print single-sided at Actual size / 100%. Cut only sheets marked CARDS. Keep answer keys with the host.

What you need

- No materials required
- Optional: printed prompt cards or folded slips
- Optional: a timer for keeping turns short

How to run it

1. Seat everyone in a circle or around a table. Explain that a “yes,” “not yet,” or pass is a complete answer; nobody owes a story or proof.
2. Choose a reader. Read one prompt at a time and pause so people can answer with a hand signal, a word, or a card. Do not require players to stand, move, or keep score.
3. Invite one optional follow-up from anyone who wants to share a short anecdote. Keep follow-ups to the speaker’s chosen level of detail.
4. Rotate the reader after several prompts. Anyone can skip a card or leave the game without explaining why.
5. Stop after the planned number of rounds or when the group wants to return to conversation. There is no elimination and no winner.

Keep the questions low stakes

The best prompts in a mixed adult group are easy to answer without exposing private information. Questions about ordinary plans, hobbies, food, books, and travel let people find common ground while keeping the story optional. This set avoids questions about relationships, health, money, legal history, trauma, or sexual experiences.

The wording uses “Have you ever...” as a simple yes-or-no opener. A player can answer in a sentence, give a short story, or pass. The host should not ask “why not?” after a no or “tell us more” after a pass.

- Use a neutral response format: yes, not yet, or pass.
- A personal story is an invitation, never the price of playing.

Use a format that suits the room

For a relaxed dinner, the reader can move through six or eight cards and let any willing person add a detail. For a larger gathering, have everyone answer at once with a thumbs-up or a spoken yes/no; then invite one volunteer to share. If the group is quiet, the host can answer first with a short, harmless example.

Keep the pace comfortable. People may be joining from different backgrounds, budgets, or access needs, so avoid framing travel, purchases, or physical activities as universal. A prompt about a day trip is not a test of who has had the same opportunities.

- Skip a prompt if it depends on access to a particular place, device, or hobby.
- Do not use “most likely” votes or penalties for a no answer.

A host’s small safety check

Before starting, tell the group what the game will not ask for: secrets, intimate history, drinking, or proof. If a card lands poorly, discard it and move on without asking the player to explain. The host can also invite people to write their own replacement prompts, then review them before they enter the deck.

This activity is designed for connection, not disclosure. Ending after one round is fine. The simplest close is to ask which prompt produced the most unexpected common answer, with no pressure to name a person or reveal a story.

- Do not photograph or publish people’s responses without their permission.
- If someone chooses to pass, continue the round normally.

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<p>NC_HAVE_YOU_EVER-001 / Low-pressure Have You Ever prompt</p> <p>Have you ever taken a day trip without planning every stop?</p>	<p>NC_HAVE_YOU_EVER-002 / Low-pressure Have You Ever prompt</p> <p>Have you ever tried a hobby after a friend recommended it?</p>
<p>NC_HAVE_YOU_EVER-003 / Low-pressure Have You Ever prompt</p> <p>Have you ever made a playlist for a drive?</p>	<p>NC_HAVE_YOU_EVER-004 / Low-pressure Have You Ever prompt</p> <p>Have you ever gone to a community event on your own and enjoyed it?</p>
<p>NC_HAVE_YOU_EVER-005 / Low-pressure Have You Ever prompt</p> <p>Have you ever picked a book because you liked its cover?</p>	<p>NC_HAVE_YOU_EVER-006 / Low-pressure Have You Ever prompt</p> <p>Have you ever cooked a recipe from a place you visited?</p>

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<p>NC_HAVE_YOU_EVER-007 / Low-pressure Have You Ever prompt</p> <p>Have you ever learned a useful skill from a short video?</p>	<p>NC_HAVE_YOU_EVER-008 / Low-pressure Have You Ever prompt</p> <p>Have you ever returned to a favorite restaurant after a long break?</p>
<p>NC_HAVE_YOU_EVER-009 / Low-pressure Have You Ever prompt</p> <p>Have you ever taken a walk just to explore a new street?</p>	<p>NC_HAVE_YOU_EVER-010 / Low-pressure Have You Ever prompt</p> <p>Have you ever planted something and watched it grow?</p>
<p>NC_HAVE_YOU_EVER-011 / Low-pressure Have You Ever prompt</p> <p>Have you ever stayed up late to finish a book?</p>	<p>NC_HAVE_YOU_EVER-012 / Low-pressure Have You Ever prompt</p> <p>Have you ever brought a board game to a gathering?</p>

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<p>NC_HAVE_YOU_EVER-013 / Low-pressure Have You Ever prompt</p> <p>Have you ever changed your mind about a food you once avoided?</p>	<p>NC_HAVE_YOU_EVER-014 / Low-pressure Have You Ever prompt</p> <p>Have you ever found a great item at a thrift store?</p>
<p>NC_HAVE_YOU_EVER-015 / Low-pressure Have You Ever prompt</p> <p>Have you ever planned a weekend around a museum or exhibit?</p>	<p>NC_HAVE_YOU_EVER-016 / Low-pressure Have You Ever prompt</p> <p>Have you ever tried a new route because the weather was nice?</p>
<p>NC_HAVE_YOU_EVER-017 / Low-pressure Have You Ever prompt</p> <p>Have you ever made a photo album from a trip?</p>	<p>NC_HAVE_YOU_EVER-018 / Low-pressure Have You Ever prompt</p> <p>Have you ever hosted friends for a simple meal?</p>

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<p>NC_HAVE_YOU_EVER-019 / Low-pressure Have You Ever prompt</p> <p>Have you ever learned the name of a tree, bird, or flower nearby?</p>	<p>NC_HAVE_YOU_EVER-020 / Low-pressure Have You Ever prompt</p> <p>Have you ever started a project with leftover materials?</p>
<p>NC_HAVE_YOU_EVER-021 / Low-pressure Have You Ever prompt</p> <p>Have you ever chosen a vacation spot for its food?</p>	<p>NC_HAVE_YOU_EVER-022 / Low-pressure Have You Ever prompt</p> <p>Have you ever listened to an album from beginning to end?</p>
<p>NC_HAVE_YOU_EVER-023 / Low-pressure Have You Ever prompt</p> <p>Have you ever returned to a place because of a kind person you met there?</p>	<p>NC_HAVE_YOU_EVER-024 / Low-pressure Have You Ever prompt</p> <p>Have you ever used a free afternoon to do absolutely nothing planned?</p>

Hosting questions

Is Have You Ever the same as Never Have I Ever?

They share a yes-or-no prompt format. This version removes drinking and penalty rules, and makes sharing optional.

Does everyone need to tell a story?

No. A yes, no, or pass is enough. Stories and follow-up questions are voluntary.

Can I skip a question?

Yes. The host should move on without asking for a reason.

References

Reviewed for common Have You Ever turn mechanics; the low-disclosure rules and prompt wording here are original.

<https://have.you/faq/how-to-play>

Reviewed for broad group icebreaker context; no copy or prompt list reused.

<https://teambuilding.com/blog/get-to-know-you-games>

Original AI-assisted resource with AI editorial review. Independent human playtesting and physical printing have not been completed. Answer, listen, or pass.